



DIEGUEÑO MIDDLE SCHOOL

2150 Village Park Way

(760) 944-1892

Encinitas, CA 92024

“A California Distinguished School”

Cara Dolnik, Principal ~ Miriam Tullgren, Asst. Principal ~ Laura Martin/Rebecca Vincent, Counselors



Frequently Asked Questions about the Diegueno Middle School Bell Schedule and Zero Period

1. Will students who take Zero Period be able to ride SDUHSD transportation?
 - a. No. Only students who start school at 8:30 a.m. and end at 3:05 p.m. will be eligible for bus services. Students who take Zero Period would have to be dropped off and picked up from school.
2. Will the Media Center be open before and after school?
 - a. Yes. Hours of operation are posted on the 17-18 bell schedule (7:05 a.m. to 3:35 p.m. daily).
3. Can my child access the Media Center during Period 6?
 - a. No. Students who are on a 0-5 period day need to leave campus at the end of Period 5.
4. What is ISPE (Independent Study Physical Education)?
 - a. More information about ISPE can be found on the District homepage at <http://sduhsd.net>.
5. If a student takes Zero Period, when can they take ISPE?
 - a. Students can take ISPE either Period Zero or Period 5. For more information about Zero Period, please visit our homepage and click on “Zero Period – What Does it Look Like?”
6. If you don’t take Zero Period, when can you take ISPE?
 - a. Students **not** on a Zero Period can take ISPE either Period 1 or Period 6.
7. Do I have to stay in Zero Period for the entire year?
 - a. Yes. Due to the Master Schedule, we cannot switch students in and out of Zero Period.
8. Can you take Zero Period 1st Semester, but not 2nd Semester?
 - a. No. Taking a Zero Period is a year-long commitment.
9. What courses are you planning on offering during Zero Period?
 - a. Courses will be selected based on teacher availability and student interest.
10. I want to take Zero Period, but I don’t have a ride home two days a week when I am out at 12:45 p.m. What are my options?
 - a. Ride-share with another student currently signed up for Zero Period.
 - b. And we are working with the Boys and Girls Club to offer pick-up from Diegueno two days a week (Wednesday and Friday at 12:45 p.m.). Students would be able to use the Boys and Girls Club facilities until a parent is able to pick them up. Please contact the Boys and Girls Club – Griest location – for more information.
11. What is CAT time?
 - a. CAT (Cougar Academic Time) is a chance for students to work on homework Tuesday through Friday from 12:10 p.m.-12:40pm. This is also a chance for students to receive help from teachers and staff.
12. If you take Zero Period ISPE, can you still take advantage of before school academic support?
 - a. Yes. Students who take Zero Period ISPE can come to school early and take advantage of academic support (based on teacher availability).

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